

Estetica: Cosmetic Dentistry: Covering Orthodontics / Invisalign, COSMETIC CONTOURING, Bonding, Porcelain Veneers, and Crowns

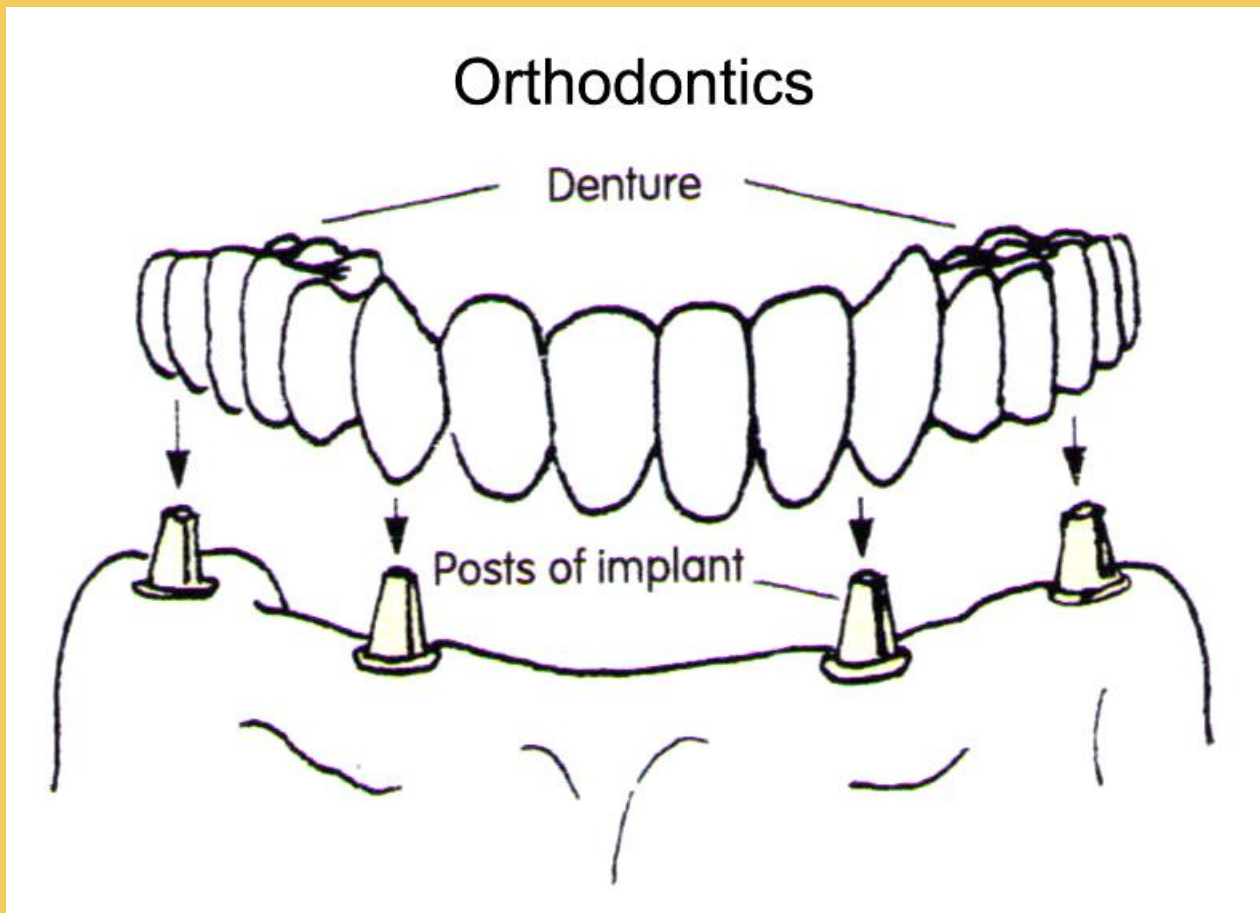
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We are all influenced by those around us. Just as we perceive and recognise a new fashion in clothing, we are also influenced by representations of beauty. TV, magazines, films and other media contribute their daily influence. Based on the above facts, popularity of cosmetic dentistry has increased in UK and growing numbers of Surrey patients are seeking cosmetic dental treatments for smile makeover and smile improvements in our Surrey based cosmetic dental clinic. The acceleration in dental, porcelain veneer, and bonding material development has made conservative tooth preparation and cosmetic dentistry procedures possible that were never imaginable before. The entire concept of cosmetic dentistry has changed dramatically over the last 20 years. It was not long time ago that a visit to the dentist was provoked by an emergency situation such as tooth ache, swelling, and fractured filling. By contrast recent development in Cosmetic dentistry specially in UK and Surrey has changed these visits to elective dental treatments such as teeth whitening, smile makeover with Veneers, bonding material and invisible braces such as Invisalign.

Cosmetic Dentistry Procedures

ORTHODONTICS/ Invisalign



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Treatment time:

6-24 months in most cases

Maintenance:

- Brush and floss daily with special care
- Have checkups 2-4 times per year after movement is completed
- Wear retainer indefinitely at least a few nights per week

Results:

Bite problems can usually be solved by realigning the teeth so they meet properly

Treatment longevity:

Generally permanent if retainer is worn at least a few nights per week

Advantages:

- Permanent results for most people if retainer is worn
- Can help cure or prevent TMJ pain
- Improves ability to bite
- Can improve lip position

Disadvantages:

- Time consuming
- Usually requires wearing a retainer indefinitely
- May need to be combined with orthognatic surgery to be fully effective
- Retention it may be a problem depending on severity of bite problem and habits

COSMETIC CONTOURING

Treatment Time:

1 hour

Maintenance:

- Brush and floss daily
- Have a professional cleaning 2-4 times per year

Results:

Can improve minor bite problems within a matter of minutes and can sometimes prevent headaches or other problems associated with bad bites

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Treatment longevity:

Indefinite

- Good for aesthetically shaping the teeth as a final touch
- Completed in 1 visit
- Can reshape teeth in opposite arch to help improve bite
- Teeth may appear straight

Disadvantages:

- Does not correct the bite problem

BONDING

Treatment time:

About 1 hour or less per tooth

Maintenance:

- Have a professional cleaning 2-4 times per year depending on amount of stain
- Brush and floss daily
- Bite carefully to avoid torque

Results:

A good quick compromise in certain cases

Treatment longevity:

5-8 years directly related to fractures, problems with tissues, decay, and patient home care)

Advantages:

- Can improve color and shape of teeth
- Completed in 1 office visit
- Can sometimes build out upper teeth to give the appearance of a wider arch
- Can lengthen the teeth
- May slightly improve alignment
- Less costly than porcelain veneers or crowns

Disadvantages:

- Does not correct the bite problem

- Can chip or stain
- May need replacement every 3-8years
- Only indicated for mild conditions
- Teeth may appear and feel thicker

PORCELAIN VENEERS



Treatment time:

2 dental appointments ; 4-6 hours each for most cases of up to 10 teeth

Maintenance:

- Have a professional cleaning 2-4times per year depending on amount of stain
- Brush and floss daily
- Bite carefully to avoid torque

Results:

Depending on the severity of the problem, may create a more aesthetic smile even if the actual bite problem is not corrected

Treatment longevity:

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5-12 years (directly related fracture, problems with tissues, decay, and patient home care)

Advantages:

- Can improve colour and shape of teeth
- Completed in 1 visit
- Can sometimes build out upper teeth to give the appearance of a wider arch
- Can lengthen the teeth
- May slightly improve alignment
- Less tooth reduction required than crowning

Disadvantages:

- Does not correct the bite problem can chip fracture
- May need replacement every 5-12 years
- Only indicated for mild conditions
- Teeth may appear and feel thicker
- More expensive than bonding

CROWNS

Treatment time:

Usually 2 dental appointments 1-4 hours each for up to 4teeth(more time for additional teeth or more extensive treatment)

Maintenance:

- Brush and floss daily
- Have a professional cleaning 2-4 times per year
- Avoid biting down on hard foods and ice
- Get yearly fluoride treatments or more if necessary

Results:

Correct misaligned teeth that are causing a bad bite, sometimes within a matter of weeks

Treatment longevity:

5-15 years(directly related fracture, problems with tissues, decay, and patient home care)

Advantages:

- Can improve angle, shape, and color of teeth
- Crowning back teeth can reshape bite and improve facial esthetics
- Can lengthen the teeth

Disadvantages:

- Tooth form is altered(most of the tooth enamel is removed)
- May need replacement in 5-15years
- Requires a local anesthetic
- May not correct the bite problem
- May involve removal of nerves in teeth to accomplish better tooth position and improve lip line
- More expensive than bonding or veneers

Another positive factor in Surrey patient's desire for more cosmetic teeth is that by visiting the Surrey dentist to seek better appearance in their teeth, they make a trip to cosmetic dentist that they would not have made otherwise and therefore benefit by having their teeth thoroughly examined. Our Surrey Cosmetic dentist at Estetica understands that the patient self –image personality and personal relationship must be taken into consideration before any smile makeover and cosmetic procedures. Our before and after case gallery is a testimonial to Successful results and they became possible because all the above factors have been included in the evaluation of each cosmetic case for our Surrey cosmetic patients.

At our Surrey dental clinic we provide Our Cosmetic Dental procedures which are aesthetically pleasing, functional as well as biocompatible. Current dental materials and application knowledge combined with our dentist artistic abilities provide restorations(dental porcelain veneers, filling, crowns) that are natural in appearance.

At Estetica in Surrey our cosmetic dentist believes that personal experience and aesthetic performance of clinician play major roll in selection of right porcelain for manufacturing porcelain veneers and crowns and the final outcome. Cosmetic dentist works and think as a designer, he does not only focus on form and function of veneers and crowns but also the personality, gender, occupation and even life style of Surrey patient.

The smile is a reflection of that individual its important, therefore to communicate with all our cosmetic dentistry patient about all aspects of the treatment. Different patient need different cosmetic solution for smile makeover procedures Our Cosmetic dentist at

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Estetica in Surrey Looks at each case individually and tailor make a treatment plan by utilising one or few of the following treatment options.